



**PATIENT INSTRUCTIONS
NUCLEAR STRESS TESTS (EXERCISE AND PHARMACOLOGIC)**

- Please come to the Hal B. Wallis Building (Desert Cardiology Center), Main Level – Central Front Desk.
- **DO NOT HAVE ANY CAFFEINATED PRODUCTS** (Coffee, Decaf, Tea, Chocolate, Cola) **24 HOURS PRIOR** to the test.
- Please allow **FOUR (4) HOURS** for the test.
- Please take nothing by mouth **3 HOURS PRIOR** to the test (water is OK).
- Please wear loose and comfortable clothing. Shoes should be tennis or similar. Women, please separate top and bottom sets. No dresses.
- Please take all regular medications **EXCEPT:** _____

- Before leaving the building, please check out at the Main Level Front Desk where you checked in.
- **If you are unable to keep your scheduled appointment, please call to reschedule at least 72 HOURS prior to the test.**

Name: _____

Date: _____

Time of Registration: _____