

CHARLIE WILLARD SHAEFFER, JR., MD
CURRICULUM VITAE

ADDRESS: Desert Cardiology Consultants' Medical Group, Inc.
Hal B. Wallis Building, 39000 Bob Hope Drive
Rancho Mirage, CA 92270
Tel: (760) 346-0642 Fax: 760-340-9152

EDUCATION:

1960 B.S., Florida State University, Tallahassee, Florida
1964 M.D., Washington University, St. Louis, Missouri

POST-GRADUATE TRAINING:

1964-65 Rotating Internship, National Naval Medical Center, Bethesda, Maryland
1965-68 Residency, Internal Medicine, Naval Hospital, Oakland, California
1968-70 Fellowship, Cardiology, National Naval Medical Center, Bethesda, Maryland

SPECIALTY CERTIFICATION:

1971 Diplomate, American Board of Internal Medicine
1977 Re-certified, Diplomate, Board of Internal Medicine
1973 Diplomate, ABIM: Subspecialty, Cardiovascular Diseases
1987 Critical Care Medicine
2006 Diplomate, American Board of Clinical Lipidology

EMPLOYMENT:

1970 Staff, Cardiology, Naval Hospital, Portsmouth, Virginia
1971-74 Chief, Cardiology, Naval Hospital, Portsmouth, Virginia
1974-81 Staff, John F. Kennedy Hospital, Indio, California
1974-86 Staff, Desert Regional Medical Center, Palm Springs, California
1974-present Staff, Eisenhower Medical Center, Rancho Mirage, California
1996-02 Staff, Desert Regional Medical Center, Palm Springs, California

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PROFESSIONAL APPOINTMENTS AND ACTIVITIES:

- 1973-74 Teaching Faculty, Eastern Virginia Medical School, Norfolk, Virginia
1975-76 Consultant, Naval Regional Medical Center, San Diego, California
1976-78 Chief of Cardiology, Department of Medicine, Eisenhower Medical Center, Rancho Mirage, California
1981-89 Faculty, Leadership Conference, American Heart Association, California Affiliate
1982-84 President, Medical Staff, Eisenhower Medical Center, Rancho Mirage, California
1983-present Instructor, Advanced Cardiac Life Support, American Heart Association
1995-present Director, Lipid Clinic, Desert Cardiology Consultants' Medical Group, Inc., Rancho Mirage, California
2001- present Committee Member, Western States Advocacy
2003 Committee Member, American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the European Society of Cardiology Committee for Practice Guidelines
2004-06 Chair, Cancer Committee, Eisenhower Medical Center, Rancho Mirage, California

PROFESSIONAL MEMBERSHIPS:

- Fellow, American College of Physicians
Fellow, American College of Chest Physicians
Fellow, American College of Cardiology
Fellow, American Heart Association
Fellow, Royal Society of Medicine
Fellow, American College of Cardiology
Fellow, Council of Clinical Cardiology, American Heart Association
Fellow, American Heart Association

COMMUNITY SERVICE:

- 1975-89 Board of Directors, California Heart Association, Riverside County Chapter
1978-79 President, California Heart Association, Riverside County Chapter,
1979-present Board of Directors, American Heart Association, California Affiliate
1981 Delegate, American Heart Association
1981-83 Chairman, Program Committee, American Heart Association, California Affiliate
1983-84 Chairman, Annual Meeting Committee, American Heart Association, California Affiliate
1983-84 President Elect, American Heart Association, California Affiliate
1984-85 President, American Heart Association, California Affiliate
1985-86 Chairman, Nominating and Awards Committee, American Heart Association, California Affiliate
1985-87 Chairman, Public Affairs Committee, American Heart Association, California Affiliate
1985-87 Board of Governors, California Biomedical Research Association
1987-88 Chairman, Personnel and Training Committee, American Heart Association, California Affiliate
1987-88 Southwest Regional Representative, American Heart Association, California

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- Affiliate
- 1988-89 National Public Affairs Working Group, American Heart Association
- 1989 Vice Chairman, Merger Task Force, Riverside/San Bernardino County Chapters, American Heart Association, California Affiliate
- 1989-90 President, Desert Division, American Heart Association
- 1990-93 Board of Directors, Eisenhower Medical Center, Rancho Mirage, California
- 1991-92 Chairman Elect, Southwest Region, American Heart Association
- 1992-present Lobby Day, American Heart Association
- 1992-93 Chairman, Southwest Region, American Heart Association
- 1992-93 Vice President, American Heart Association
- 1995-2002 National Public Affairs and Policy Committee, American Heart Association
- 1997-00 Chair, Public Policy Subcommittee, American Heart Association
- 2000 Visiting cardiologist, Bach Mai Hospital (Hanoi, Vietnam)
- 2000 Visiting cardiologist, (Ho Chi Minh City, Vietnam)
- 1999-2002 Chair, Tobacco Issues Subcommittee, American Heart Association
- Population Wellness Strategic Group, American Heart Association
- 2002-present Board of Directors, Eisenhower Medical Center, Rancho Mirage, California
- 2003, 2004, 2005 Speaker, Saul Martinez Elementary School, Mecca California
- 2004 Cardiologist, Wanless Hospital Miraj Medical Centre (volunteer, Presbyterian Church), Miraj India
- 2004-present Chair, Obesity Task Force, American Heart Association, Western States Affiliate
- 2004-present Chair, Organizational Committee of Executive Leadership Conference, American Heart Association, Western States Affiliate

HONORS AND AWARDS:

- 1958 Alpha Epsilon Delta
- 1964 Alpha Omega Alpha
- 1968 Most Outstanding Resident, Naval Hospital, Oakland, CA
- 1974 U.S. Navy Commendation, Naval Regional Medical Center, Portsmouth, VA
- 1974 Commendation, Medicine Interns and Residents, Naval Regional Medical Center, Portsmouth, VA
- 1978-present Fund Raising Award, Riverside County Chapter, American Heart Association, California Affiliate
- 1979 Volunteer of the Year Award, American Heart Association, Riverside County Chapter
- 1982, 1988 Bronze Service Award, American Heart Association, California Affiliate
- 1987 Silver Service Award, American Heart Association, California Affiliate
- 1985 Silver Distinguished Service Medallion, American Heart Association, California Affiliate
- 1989 Special Recognition, American Heart Association, Riverside County Chapter
- 1989 Physician Volunteer of the Year, American Heart Association, California Affiliate
- 1996 Physician of the Year, American Heart Association
- 1996 Individual Achievement Award, American Heart Association, Desert Division
- 1999 Holiday Voices Honoree, Eisenhower Medical Center Auxiliary, Rancho Mirage,

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California
1999 Honoree, El Sol Azteca, La Prensa Hispana, Indio, CA
2000-2001 Who's Who in Medicine and Healthcare
2002 Who's Who in America
2002 Outstanding Contribution to the Community Award, American Medical Association, Riverside County [CA]
2004 Desert Heart Walk Honoree, American Heart Association, Desert Division
2005 Jefferson Award Certificate
2006 Volunteer-Advocate of the Year, American Heart Association
2010 American Heart Association Gold Heart Award Recipient, Dallas Texas, June 22, 2010

PUBLICATIONS:

Philpott, Gordon W., Charlie W. Shaeffer, Jr., and L. J. Tolmach, "Reproductive Survival of Chick Embryo Cells Irradiated in Ovo and in Vitro," Radiation Research, 17:508, 1962.

Shaeffer, LCDR C. W., Jr., MC, USN, "EKG Review," Medical Bulletin of Naval Regional Medical Center and Naval Hospital, Portsmouth, VA, September 1971, p. 56.

Scott, Lewis P., Charles W. Shaeffer, Lowell W. Perry, and James E. McClenathan, "Pulmonary Vascular Disorders Associated with Partial Anomalous Pulmonary Venous Drainage with Intact Atrial Septum," Circulation, Supplement II 1972, p. 217.

Shaeffer, LCDR C. W., Jr., MC, USN, "EKG Review," Medical Bulletin of Naval Regional Medical Center and Naval Hospital, Portsmouth, VA, June 1972, p. 39.

Shaeffer, Charlie W., Jr., CDR, MC, USN, Richard G. Daly, LCDR, MC, USN, and Sidney C. Smith, Jr., LCDR, MC, USNR, "Maximal Treadmill Exercise Testing in the Management of the Post-Myocardial Infarction Patient," Chest, July 1975, 68:1.

Oxley, Dwight K., M.D., Merle R. Bolton, M.D., Charlie W. Shaeffer, M.D., Richard N. Roger, M.D., David N. Sim, M.D., and Craig L. Fischer, M.D., "Intracoronary Myocardial Perfusion Imaging: Patterns in Patients with Coronary Artery Disease," Clinical Nuclear Medicine, Vol. 3, March 1978, pp. 94-102.

Oxley, Dwight K., M.D., Merle R. Bolton, M.D., Charlie W. Shaeffer, M.D., "Myoglobin in Myocardial Infarction: Results in a CCU Population," American Journal of Clinical Pathology, Vol. 72, II, August 1979, p. 137.

Nguyen, Thach, M.D., "Management of Complex Cardiovascular Problems, the Consultant Approach." Chapter written by Charlie W. Shaeffer, M.D., "Risk Factor Modification in the Management of Coronary Heart Disease," pp. 127-148, 2002.

Blomström-Lundqvist C, Scheinman MM, Aliot EM, Alpert JS, Calkins H, Camm AJ, Campbell

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WB, Haines DE, Kuck KH, Lerman BB, Miller DD, Shaeffer CW, Stevenson WG, Tomaselli GF. ACC/AHA/ESC guidelines for the management of patients with supraventricular arrhythmias – executive summary: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines, and the European Society of Cardiology Committee for Practice Guidelines (Writing Committee to Develop Guidelines for the Management of Patients With Supraventricular Arrhythmias.), J Am Coll Cardiol 2003; 42:1493-531.

Shaeffer, Charlie, M.D., "Metabolic Syndrome," Journal of Geriatric Cardiology, Vol.1, December 2004, pp. 72-73.

PRESENTATIONS:

- 3/29-31/79: American College of Cardiology, "Contemporary Management of Myocardial Infarction by Family Physician."
- 4/9-12/80: American College of Cardiology, "Coronary Artery Disease: A Comprehensive Review."
- 1/12/79: American Medical Association Conference, "Congestive Heart Failure and Shock Complicating Acute Myocardial Infarction - Diagnosis and Guidelines to Treatment."
- 4/29/79: Nurses Symposium, Eisenhower Medical Center, "Risk Factors in Hypertension."
- 5/3/81: University of California at Riverside and American Heart Association, Riverside County, Hypertension Symposium: Causes, Consequences and Treatment, "Universality of Hypertension."
- 2/4/82: American Heart Association, Riverside County Chapter, Cardiac Update, 1982, "Coronary Artery Spasm."
- 5/11/82: American Medical Tennis Association, "Newer Drug Therapy in Coronary Artery Disease."
- 5/13/82: California Affiliate, American Heart Association Scientific Session, "Beta Blockade and Calcium Antagonists Treatment."
- 10/7/82: Russian/American Conference, "Beta Blockade After Myocardial Infarction," USSR.
- 2/3/83: American Heart Association, Second Annual Symposium, "Controversy in Cardiac Care," Riverside, California.
- 2/10-12/83: Co-Director, American College of Cardiology, Practical Cardiology for the

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- Family Physician, 1983. Lectures - "New Medical Agents for Managing Various Types of Heart Disease" and "New Pharmacology," Rancho Mirage, California.
- 3/30/83: Second Annual Update on Cardiac Rehabilitation, Lecture, "New Drugs and the Calcium Channel Blockers and Beta Blockers," Rancho Mirage, California.
- 6/27/83: American Heart Association, Annual Meeting San Luis Obispo, California, "Advances in Heart Disease through AHA Research."
- 5/84: American Heart Association Affiliate Assembly, Palo Alto, California, "Wellness in the Workplace,"
- 11/20/84: Eisenhower Medical Center, Rancho Mirage, California, "The California Heart Association: What It's All About?"
- 11/16/85: Leadership Conference, American Heart Association, Washington, D.C, "Networking."
- 6/2/86: American Heart Association, San Luis Obispo Chapter, "AHA in the Changing '80s,".
- 6/19/86: Grand Rounds, Eisenhower Medical Center, Rancho Mirage, California, "Thrombolytic Therapy in Myocardial Infarction."
- 2/12/87: American Heart Association, California Affiliate, "Public Affairs Workshop."
- 5/87: California Biomedical Research Association, American Heart Association, Research Advances, Los Angeles.
- 3/89: National Public Affairs Working Group, American Heart Association. Diabetes and Dyslipidemia, Annenberg Center, Rancho Mirage, California.
- 1/14/94: Presentation to Eisenhower Medical Center nurses, "Team Management Strategy, Diabetes in the '90s."
- 5/8/94: Desert Hospital/Eisenhower Medical Center Medical Staff Conference, Maui. New Advances in Treatment of Congestive Heart Failure.
- 2/21/95: AudioPlus TeleConference, Annenberg Center, Mitral Valve Prolapse Syndrome: Disease, Condition or Artifact?
- 3/30/95: National Senior Health Issues, Cardiovascular Diseases, Recent Advances in Prevention and Treatment.

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- 6/18-19/95: Annual Medical Conference Desert Hospital/Eisenhower Medical Center Staffs, Lectures: "Prevention of Coronary Artery Disease," "Early Management of Myocardial Infarction."
- 6/16-18/96: Annual Medical Conference Desert Hospital/Eisenhower Medical Center Staffs, Primary Care Update, Lectures: "Management of Myocardial Infarction: Device or Drugs," "Prevention of Coronary Atherosclerosis Update."
- 1997: Cardiovascular Risk Reduction: "It Makes A Difference." 15 Separate TeleConferences from June to November.
- 1/31/98 Keynote Lecture, Women and Heart Disease Symposium, American Heart Association, Imperial Valley Division.
- 9/00 Hanoi Medical University, Hanoi, Vietnam, Lectures: "Lipids and Cardiovascular Disease," "Smoking in Cardiovascular Disease," "Lipids and Cardiovascular Disease," "Smoking in Cardiovascular Disease."
- 9/02 Great Wall International Congress of Cardiology, Beijing, China, "Lipids in Cardiovascular Disease."
- 9/02 Peoples Army Hospital, Beijing China, "Lipids in Cardiovascular Disease."
- 2/04 Wanless Hospital Miraj Medical Centre, Miraj India, "Coronary Artery Disease Prevention."
- 5/04 Keynote Lecture: "Women and Heart Disease" Symposium, American Heart Association, Rancho Mirage, CA.
- 9/04 Peoples Army Hospital, Beijing China, "Lipids in Cardiovascular Disease."
- 9/04 Tonghi University Medical School, Shanghai, "Prevention of Cardiovascular Disease."
- 11/03/05 Tonghi University Medical School, Shanghai, "Coronary Artery Disease Prevention: 2005 Update."
- 11/05/05 Great Wall International Congress of Cardiology, Beijing, China, "Coronary Artery Disease Prevention: 2005 Update."
- 10/18/08 Tobacco and Cardiovascular Disease
17th Asean Congress of Cardiology, Hanoi, Vietnam

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- 10/19/08 Lipid Management 2008
 17th Asean Congress of Cardiology, Hanoi, Vietnam
- 10/21/2008 Interpretation of the COURAGE Trial, CV Symposium
 Hoan My Hospital, Hi Chi Minh City, Vietnam
- 02/05/2011 Cardiology 2011: Triumphs and Challenges, Keynote Lecture at Eisenhower 8th
 Annual Community Health Conference, Rancho Mirage, CA.

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